







# Spring Summer 24 – Week One

8<sup>th</sup> April, 29<sup>th</sup> April, 20<sup>th</sup> May, 17<sup>th</sup> June, 8<sup>th</sup> July, 9<sup>th</sup> Sept, 30<sup>th</sup> Sept, 21<sup>st</sup> Oct



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1 (&amp; Halal Equivalent where Required)</b>	Wholemeal Cheese & Tomato Pizza Served with Wholemeal Garlic Bread 	All Day Pork Sausage Breakfast Served with Tiny Tater Hash Browns & Baked Beans	Chicken Pie & Mashed Potatoes or Halal Roast Chicken with Mashed Potatoes	Chicken Curry, served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
<b>Vegetarian Main Meal Option 2 (To Match Main Option 1)</b>		All Day Veggie Sausage Breakfast Served with Tiny Tater Hash Browns & Baked Beans	Veg Mince & Vegetable Pie served with Mashed Potato NDP 	Vegetable Chilli Served with Mixed Rice (ve) 	Cheese Flan or Quiche NDP Served with Chips & Tomato Ketchup
<b>Jacket Potatoes</b>	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna
<b>Filled Sandwiches/ Wraps</b>	Filled Sandwiches	Filled Sandwiches	Filled Sandwiches	Filled Sandwiches	
<b>Vegetables</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Marble Sponge	Chocolate Shortbread Biscuits (Ve)& Fruit Slices 	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice 	Chocolate Ice Cream

**Available Daily:** Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish










**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

# Spring Summer 24 – Week Two

15<sup>th</sup> April, 6<sup>th</sup> May, 3<sup>rd</sup> June, 24<sup>th</sup> June, 15<sup>th</sup> July, 16<sup>th</sup> Sept, 7<sup>th</sup> Oct, 28<sup>th</sup> Oct



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1 (&amp; Halal Equivalent where Required)</b>	Wholemeal Cheese & Tomato Pizza serve with Whole meal Garlic Bread	Summer Hot Dog served with Freshly Made Potato Wedges 	Roast Gammon served with Skin on Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta 	Friday Fish Cake served with Chips & Tomato Ketchup
<b>Vegetarian Main Meal Option 2 (To Match Main Option 1)</b>		Macaroni Cheese 	Veg Mince Cottage Pie NDP served with Skin on Roast Potatoes & Gravy 	Veggie Mince Bolognese in a Wrap 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
<b>Jacket Potatoes</b>	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna
<b>Filled Sandwiches/ Wraps</b>	Filled Sandwiches	Filled Sandwiches	Filled Sandwiches	Filled Sandwiches	
<b>Vegetables</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Ginger & Mandarin Traybake 	Cornflake Bun	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger (Ve) With a fresh slice of Watermelon 	Homemade Shortbread Biscuits (Ve)

**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish










**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

# Spring Summer 24 – Week Three

22<sup>nd</sup> April, 13<sup>th</sup> May, 10<sup>th</sup> June, 1<sup>st</sup> July, 2<sup>nd</sup> Sept, 23<sup>rd</sup> Sept, 14<sup>th</sup> Oct



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1 (& Halal Equivalent where Required)	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Savoury Mince Served with Yorkshire Pudding, Skin on Roast Potatoes & Gravy 	Homemade Beef Lasagne Served with Garlic Slice 	Friday Fish served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2 (To Match Main Option 1)		Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges	Vegan Savoury Mince (Ve) Served with Yorkshire Pudding, Skin on Roast Potatoes & Gravy 	Cheese & Tomato Melt Served with Skin on Baked Potato Wedges 	Homemade Cheese & Tomato Pasta
Jacket Potatoes	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna
Filled Sandwiches/ Wraps	Filled Sandwiches	Filled Sandwiches	Filled Sandwiches	Filled Sandwiches	
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon Cookie	Homemade Flapjack (Ve)

**Available Daily:** Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



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