

Autumn Winter Menu 2023/24 – Week One
7th Nov, 27th Nov, 18th Dec, 22 Jan, 19th Feb, 11th Mar,



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Planet Friendly Option					
Option Two	Cheese & Tomato Pizza & Garlic Bread	Mild Chicken Curry & Mixed Rice	Roast of the Day, Roast Potatoes & Gravy	Pork Sausage Roll & Skin on Baked Wedges	Fish cake & Chips
Halal Option					
Vegetarian Option Two	Macaroni Cheese	Veggie Burger	Quorn Sausage Casserole in a Yorkshire Pudding	Cheese & Onion Roll & Skin on Baked Wedges	Tomato & Basil Pasta
'Street Food'					
Vegetables	Mixed Vegetables, Sweetcorn	Peas, Cauliflower	Carrots, Seasonal Greens	Green Beans/Baked Beans, Sweetcorn	Baked Beans, Peas
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans
Dessert	Apple Sponge	Flapjack Finger	Vanilla Sponge	Tutti Frutti Jelly	Chocolate Shortbread

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg		Source of wholegrain		Contains plant-based proteins		50% fruit		Oily fish	
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Autumn Winter Menu 2023/24 – Week Two

13th Nov, 4th Dec, 8th Jan, 08 Jan, 29 Jan, 26th Feb, 18 Mar,



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Planet Friendly Option					
Option Two	Cheese & Tomato Pizza & Garlic Bread	Pasta Bolognese	Roast of the Day, Roast Potatoes & Gravy	Toad in the Hole, Roast Potatoes & Gravy	Fish & Chips
Halal Option					
Vegetarian Option Two		Veggie Nuggets & Potato Wedges	Quorn Roast, Roast Potatoes & Gravy	Cheese & Onion Pastry Roll & Potato Wedges	Tomato & Basil Pasta
'Street Food'					
Vegetables	Sweetcorn, Peas	Green Beans, Carrots	Cauliflower, Seasonal Greens	Mixed Vegetables, Sweetcorn	Baked Beans, Peas
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans
Dessert	Apple Crumble Bar	Lemon Cake	Banana Cake	Chocolate Cookie	Strawberry Jelly

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg

Source of wholegrain

Contains plant-based proteins

50% fruit

Oily fish

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Autumn Winter Menu 2023/24 – Week Three
20th Nov, 11th Dec, 18 Dec, 15 Jan, 05 Feb, 4th Mar,



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Planet Friendly Option					
Option Two	Cheese & Tomato Pizza & Garlic Bread	Chicken Meatballs & Mixed Rice	Roast of the Day, Roast Potatoes & Gravy	Cottage Pie & Gravy	Fish & Chips
Halal Option					
Vegetarian Option Two		Mac & Cheese	Veggie Sausage Roast Potatoes & Gravy	Veggie Chilli & Mixed Rice	Tomato & Basil Pasta
'Street Food'					
Vegetables	Sweetcorn	Mixed Vegetables, Peas	Seasonal Greens, Carrots	Green Beans, Cauliflower	Baked Beans, Peas
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans	Jacket Potato with Tuna or Cheese or Beans
Dessert	Chocolate Banana Cake	Flapjack with Fruit	Chocolate Sponge	Lemon Drizzle Cake	Shortbread

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.