

31 January 2023

Dear Parents/Carers

As part of the compulsory KS1 and KS2 Personal, Social and Health and Economic (PSHE) curriculum, this half term children are learning about Families and People Who Care (including respectful relationships). This is in line with the DFE guidance on Relationships and Sex and Health Education (RSE). In EYFS, children are learning ways to stay safe and healthy.

Within PSED Reception children will learn:

- Toothbrushing
- Screen time (internet safety)
- Children's Mental Health Week
- Safer Internet Day
- PANTS rule
- Stranger Danger

Within the relationship aspect of PSHE/RSE KS1 and KS2 will learn:

**KS1**

- Families provide us with love, care and security.
- Families may look different but should all be treated with respect.
- If we are worried about a family, we should seek help from a trusted adult.

**LKS2**

- Families are important for children growing up because they can give love, security and stability.
- Families may look different from our own but we should respect these differences.
- Friendships should make us feel happy and secure.
- Friendships can have ups and downs but these can be repaired and strengthened.
- If a family relationship or friendship is making us feel unhappy or uncomfortable, we should seek help or advice.
- It is important to be kind and show respect online and report anything that concerns us.

**UKS2**

- Different relationships are important for different reasons.
- People celebrate marriage differently.
- Forced marriage is cultural.
- It is ok to say no!

This half-term we will also be celebrating Children's Mental Health Week where we will learn how to care for our mental health and complete activities linked to this year's theme, 'Let's Connect'. We will also celebrate Internet Safety Day where we will how to be safe and kind online.

Pupils will also take part in our half-termly RSE drop-down afternoon. This half-term's theme is The PANTS Rule: My Body, My Rules. Children will recap the PANTS rules in an age-appropriate manner and learn how to report concerns – this will include recapping key vocabulary and the scientific names of external genitalia.

Please see [www.nspcc.org.uk](http://www.nspcc.org.uk) for more information.

We know that a lot of what children learn comes from in the home so please take the time this half-term to discuss these topics with your child. As always, if we can support you further in any way, please speak to your child's class teacher or your school's PSHE lead.

Yours Sincerely

A handwritten signature in black ink that reads "Mr J Parkinson". The signature is written in a cursive style with a large, stylized 'J'.

Mr Parkinson